



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN TO SAVE LIVES

Lifeguard Certification



YMCA Lifeguard Training is a comprehensive course, for ages 16 and up, that focuses on water rescue, safety and prepares lifeguards to anticipate and prevent dangers. Upon successful completion, participants are qualified to work at an aquatics facility as a certified lifeguard. Participants must attend all classes and successfully pass exams to receive certification.

YMCA LIFEGUARD CERTIFICATION INCLUDES:

Lifeguard Training | CPR/AED Certification
First Aid Certification | Emergency Oxygen Administration Certification

FOR MORE INFORMATION, PLEASE CONTACT:
Rachel Jewell, Swim Camp & Safety Training Coordinator | HARRIS YMCA
704 716 6853 | Rachel.Jewell@ymcacharlotte.org

2017 Lifeguard Full & Renewal Courses

Members \$190 | Program Participants \$210

Must be 16 before the last date of class. Must have 3 participants to run a class.	Swim Assessment Must be completed 1 week prior to first day	Classroom and Pool Skills To pass, students must attend all classroom days
FEB	FEB 10 5—7 PM	FEB 13 - 24 (MON - WED 5-9 PM, 2nd FRI 5 - 9 PM)
MAR	MAR 10 5 - 7 PM	MAR 18 – 26 (SAT 10 AM - 6 PM, SUN 1 -7 PM)
APR	APR 17 5 - 7 PM	APR 18 - 21 (TUE - FRI 9 AM-5 PM)
MAY	APR 28 5 - 7 PM	MAY 1 - 12 (MON - WED 5 - 9 PM, 2nd FRI 5 - 9 PM)
JUN	TBD	(FRI 4 - 8 PM, SAT 9 AM - 5 PM, SUN 1 - 6PM)**
JUL	TBD	(9 AM - 5 PM each day)**

Times and days may vary depending on the number of participants in the class.

YMCA Re-Certification/ Crossover Courses (not ARC)

Members \$110 | Prog. Participants \$125

February	N/A	SAT FEB 4, 10 AM – 6 PM
March**	N/A	SAT MAR 3, 10 AM – 7 PM SUN MAR 16, 2:30 - 6 PM
April	N/A	SAT APR 29, 10 AM – 6 PM
MAY **	N/A	TUE MAY 23, 9 AM– 6 PM WED MAY 24, 10:30 AM– 4 PM

****Notes Crossover Course.**